

BRIERCREST

CM 600 Spiritual Formation for Ministry Spring 2022

Professor: Richard Hovey, DMin
Email: rhovey@briercrest.ca
Phone: 1-306-690-8606
Course Dates: April 25 to June 17, 2022

3 Credit Hours

COURSE DESCRIPTION

An exploration of the theology of Christian life and spiritual formation through attention to the biblical theme of union with Christ. Students will also examine the formation of Christian character, as well as the rationale for and practice of spiritual disciplines.

COURSE INTEGRATION

Spiritual formation is an integral element of Christianity, as seen in the biblical text and subsequent theology. This course will provide the student with a biblical and theological foundation for understanding Christian spiritual formation as well as introducing the student to practices and disciplines that have been used by the Church for personal formation into Christlikeness. Lastly, the student will be challenged with the importance of spiritual formation as integral for a life of effective ministry as well.

COURSE TEXTS

Foster, Richard. *Celebration of Discipline: The Path to Spiritual Growth*. New York, NY: HarperOne, 2018.

Greenman, Jeffrey P. and George Kalantzis, eds. *Life in the Spirit: Spiritual Formation in Theological Perspective*. Downers Grove, IL: IVP Academic, 2010.

Purves, Andrew. *The Search for Compassion: Spirituality and Ministry*. Louisville, KY: Westminster/John Knox Press, 1989.

Webb, Chris. *God Soaked Life: Discovering a Kingdom Spirituality*. Downers Grove, IL: IVP Books, 2017.

Wirzba, Norman. *Living the Sabbath: Discovering the Rhythms of Rest and Delight*. Grand Rapids, MI: Brazos Press, 2006.

Students are expected to refer to Briercrest Seminary's Format and Style Guides and Guide for Writing Research Papers, available as PDF documents here: <https://www.mybriercrest.ca/seminary/documents/>.

These texts are available in store and online at the Briercrest Bookstore: <http://briercrest.ca/bookstore>.

Students are responsible for course materials and communication on Canvas (<https://briercrest.instructure.com>; cf. <http://briercrest.ca/online/canvas>) and their myBriercrest.ca email account.

COURSE OUTCOMES

- Provide an overview of the biblical and theological understanding of Christian spiritual formation
- Provide an overview of spiritual practices and disciplines, noting their context and development in the history of the Church
- Enable students to reflect upon, further understand and experience the varied ways they can encounter God in daily life, both individually and communally
- Have each student write his or her rule of life which will foster a disciplined life of relationship with God
- Have students recognize their ministry as the continued ministry of Christ
- Enable students to approach ministry with a sensitivity to the Holy Spirit, ministering out of a personal experience of a life lived with God which they are then able to lead others into as well
- Encourage students in ministering with their heart as well as their mind, continuing the compassionate ministry of Christ to those they encounter
- Enrich the students' experience of ministry as a truly spiritual exercise

COURSE OUTLINE AND CONTENT

NOTE: There will be an 8-week intensive period that includes live online lectures, discussion and online written engagement around course material. This will be followed by a 1-week period for post-course assignment reflections, during which time the online interaction will continue with a focus on the post-course assignment. **These live online interactions will be via Zoom on Tuesdays from 6pm-9pm SK time.**

Week and Topic	Readings	Exercise/Assignments
Pre-course	<i>God Soaked Life</i> - Webb	Book Review and Reflection
COURSE		
April 24-30 Live Online (April 26) An Introduction to Christian Spirituality	<i>Life in the Spirit</i> , Part 1	Write a reflection paper on one of the articles in Part 1 and a response to one other student's reflection paper.
May 1-7 Live Online (May 3) Historical Reflections	<i>Life in the Spirit</i> , Part 2	Write a reflection paper on one of the articles in Part 2
May 8-14 Live Online (May 10) Reasoning: Disciplines for Understanding	<i>Celebration of Discipline</i> - Part 1 <i>Life in the Spirit</i> - Chapter 8 & 10	Write a reflection on paper on one of the spiritual disciplines from Foster (Part 1) OR one of the chapters in Greenman and Kalantzis. Also write a response to one other student's reflection paper.

May 15-21 Live Online (May 17) Reflecting: Disciplines for Personal Application	<i>Celebration of Discipline – Part 2</i> <i>Life in the Spirit – Chapter 12</i>	Write a reflection on paper on one of the spiritual disciplines from Foster (Part 2) OR the chapter in Greenman and Kalantzis. Also write a response to one other student's reflection paper.
May 22-28 Live Online (May 24) Relating: Disciplines for Life in Community	<i>Celebration of Discipline – Part 3</i> <i>Life in the Spirit – Chapter 9 & 11</i>	Write a reflection on paper on one of the spiritual disciplines from Foster (Part 3) OR one of the chapters in Greenman and Kalantzis. Also write a response to one other student's reflection paper.
May 29 - June 4 Live Online (May 31) Restoring: Part 1 - The Centrality of Shema	<i>Living the Sabbath – Chapters 1-3</i>	Write a reflection paper on one of the chapters from Wirzba.
June 5-11 Live Online (June 7) Restoring: Part 2 - Sabbath Lifestyle	<i>Living the Sabbath – Chapters 4-6</i>	Write a reflection paper on one of the chapters from Wirzba.
June 12-18 Live Online (June 14) Restoring: Part 3 - Ministry of Shalom	<i>Living the Sabbath – Chapters 7-9</i>	Write a reflection paper on one of the chapters from Wirzba.
POST-COURSE		
June 19-25 Live Online (June 21) Writing a Rule of Life	<i>Rule of Life Instructions (Canvas)</i> Suggested Resources: <i>Crafting A Rule of Life</i> <i>God in my Everything</i> <i>The Life You've Always Wanted</i>	Rule of Life

ASSIGNMENTS

Please submit all written assignments to Canvas.

Pre-Course Assignment (due by April 25, 2022):

Book Review and Reflection (20%) Upon reading Webb's *God Soaked Life: Discovering a Kingdom Spirituality*, write a four page (1000 word) review in which you note the author's purpose and argument, strengths and weaknesses, and overall usefulness of the book for understanding ministry

in the Kingdom of God. Following the review, write a personal two-page (500 word) reflection on areas in your own life and ministry which you feel the book speaks to. In total this assignment is to be six pages (1500 words).

Mid-Course Assignment:

Reflection Posts and Responses (25%) During the first eight weeks of this course, you will be writing reflections in which you express your personal thoughts and interactions on the weekly readings indicated in the Course Outline above. These reflections will be posted online (via Canvas) and are to be limited to 250 words. Secondly, you are to write a short response (between 100-200 words) interacting with the reflections of four other students by the end of the eight weeks (as noted in the Course Outline).

Post-Course Assignments (due by August 12, 2022):

Book Review and Application (20%) Upon reading Purves' *The Search for Compassion: Spirituality and Ministry*, write a three-page (750 word) review in which you note the author's purpose and argument, strengths and weaknesses, and overall usefulness of the book for understanding ministry in the Kingdom of God. Following the review, write a personal three-page (750 word) reflective application connecting the thesis of the book with the concept of restorative ministry covered in class. In total this assignment is to be six pages (1500 words).

Rule of Life (35%)

- Recommended resources in writing your Rule of Life:
 - Crafting a Rule of Life by Stephen Macchia. See his website at: <https://ruleoflife.com>.
 - God in My Everything by Ken Shigematsu
 - The Life You've Always Wanted by John Ortberg
- When it comes to writing your Rule of Life, the following article is extremely insightful in articulating how to go about this and what should be included: http://www.cslewisinstitute.org/webfm_send/338. This article will be made available on Canvas.

SEMINARY CALENDAR

Students are expected to be aware of the policies that govern course work at Briercrest Seminary, all of which are published in the current Seminary Calendar: <https://www.briercrestseminary.ca/academics/calendar/>.

Attendance Policy

In order to benefit fully from a seminary education, to be good stewards of time and finances, and to be considerate of their classmates and faculty members, students must be in class at every opportunity.

Modular Courses

Students are expected to attend 100 per cent of each modular for which they register. If this is impossible due to extenuating circumstances, arrangements must be made with the course professor before the first day of class. If extenuating circumstances prevent a student from attending class, a maximum of one (1) full day of class can be foregone. If additional time is missed,

the student will fail the course unless they first request to withdraw from the course or move the course to an audit.

Online Courses

If extenuating circumstances prevent a student from attending scheduled meeting times, then up to 20% of meeting time can be foregone. Students missing scheduled meeting times should make every effort to inform the course professor prior to any time missed. If additional time is missed, the student will fail the course unless they first request to withdraw from the course or move the course to an audit.

Semester-Based Courses

All students missing more than two full weeks of a particular course from registration to the last day of classes will receive an automatic fail (0%). A student may appeal a course failure due to excessive absences. Successful appeals will be granted only in rare cases where all absences are clearly beyond the student's control. Appeals must be made through the Academic Appeal Process.

Course Schedules

Classes begin at 9:00 a.m. on Monday morning and run a minimum of 30 hours through the course of the week. The schedule is determined by the course professor. Students should check the syllabus for specifics. When the syllabus does not state class times, students are responsible to check with the professor prior to making travel plans.

Assignment Submission

All assignments must be submitted no later than eight weeks after the last day of class as stated in the syllabus. The correct due dates will be clearly noted in the syllabus and each faculty member will state in their syllabus how assignments should be submitted. Assignments submitted within a week after the due date will be accepted with a 10 per cent penalty. For additional information refer to the late assignment policy or the extension policy in the [academic calendar](#).

Return of Graded Assignments

Professors are expected to return graded assignments within six weeks of the due date. If they fail to do so, students may submit an inquiry to the [Seminary](#). If an extension is granted, the professor is no longer obligated to meet this deadline.

Academic Honesty

Students are accountable to perform each task according to principles of academic honesty. Please refer to pages 24-25 in the [academic calendar](#) for more information.

Academic Accommodations

Any student with a disability, injury, or health condition who may need academic accommodations (permanent or temporary) should discuss them with the course instructor after contacting the Director of Student Success in person (L234 in the Library), by telephone (1-306-756-3230) or by email (egordon@briercrest.ca). Documentation from a qualified practitioner will be required (i.e., medical doctor, psychologist, etc.).

BIBLIOGRAPHY

Adam, Peter. *Hearing God's Words: Exploring Biblical Spirituality*. Vol. 16. New Studies in Biblical Theology. Downers Grove, IL: InterVarsity Press, 2004.

Aelred of Rievaulx. *Spiritual Friendship*. Edited by Lawrence C. Braceland. Translated by Marsha L. Dutton. Collegeville, MN: Liturgical Press, 2010.

Allender, Dan B. *Sabbath*. Nashville, TN: Thomas Nelson, 2009.

Anderson, Keith R., and Randy D. Reese. *Spiritual Mentoring: A Guide for Seeking and Giving Direction*. Downers Grove, IL: InterVarsity Press, 1999.

Baab, Lynne M. *Sabbath Keeping: Finding Freedom in the Rhythms of Rest*. Downers Grove, IL: InterVarsity Press, 2005.

Bacchiocchi, Samuele. *Divine Rest for Human Restlessness: A Theological Study of the Good News of the Sabbath for Today*. Vol. 2. Biblical Perspectives Series. Berrien Springs, MI: University Printers, 1988.

Baker, Howard. *Soul keeping: Ancient Paths of Spiritual Direction*. Colorado Springs: NavPress, 1988.

Barton, Ruth H. *Invitation to Silence and Solitude: Experiencing God's Transformative Presence*. Downers Grove, IL: IVP Books, 2010.

———. *Sacred Rhythms: Arranging our lives for Spiritual Transformation*. Downers Grove: InterVarsity, 2006.

Benner, David. *Care of Souls: Revisioning Christian Nurture and Counsel*. Grand Rapids, MI: Baker Books, 1998.

———. *Presence and Encounter: The Sacramental Possibilities of Everyday Life*. Grand Rapids, MI: Brazos Press, 2014.

———. *Sacred Companions: The Gift of Spiritual Friendship and Direction*. Downers Grove, IL: IVP Books, 2002.

Bennett, Kyle David. *Practices of Love: Spiritual Disciplines for the Life of the World*. Grand Rapids, MI: Brazos Press, 2017.

Bloesch, Donald. *Spirituality Old & New: Recovering Authentic Spiritual Life*. Downers Grove, IL: IVP Academic, 2007.

Boa, Kenneth. *Conformed to His Image: Biblical and Practical Approaches to Spiritual Formation*. Grand Rapids, MI: Zondervan, 2001.

Boda, Mark J. "Old Testament Foundations of Christian Spirituality." In *Dictionary of Christian Spirituality*. Edited by Glen G. Scorgie. Grand Rapids, MI: Zondervan, 2011.

Bonhoeffer, Dietrich. *Life Together: The Classic Exploration of Faith in Community*. New York, NY: HarperOne, 1954.

Brown, Jeannine K. "New Testament Foundations of Christian Spirituality." In *Dictionary of Christian Spirituality*. Edited by Glen G. Scorgie. Grand Rapids, MI: Zondervan, 2011.

- Brueggemann, Walter. *Sabbath as Resistance: Saying No to the Culture of Now*. Louisville, KY: Westminster John Knox Press, 2014.
- Calhoun, Adele Ahlberg. *Spiritual Disciplines Handbook: Practices that Transform Us*. Downers Grove, IL: IVP Books, 2005.
- Callen, Barry L. *Authentic Spirituality: Moving Beyond Mere Religion*. Grand Rapids, MI: Baker Academic, 2001.
- Chan, Simon. *Spiritual Theology: A Systematic Study of the Christian Life*. Downers Grove, IL: IVP Academic, 1998.
- Collins, Kenneth, ed. *Exploring Christian Spirituality: An Ecumenical Reader*. Grand Rapids, MI: Baker Academic, 2000.
- Crabb, Larry. *Becoming a True Spiritual Community: A Profound Vision of What the Church Can Be*. Nashville, TN: Thomas Nelson, 1999.
- Dawn, Marva J., and Eugene H. Peterson. *The Unnecessary Pastor: Rediscovering the Call*. Vancouver, BC: Regent College Publishing, 2000.
- Dawn, Marva. *The Sense of Call: A Sabbath way of Life for those who Serve God, the Church, and the World*. Grand Rapids, MI: William B. Eerdmans Publishing Company, 2006.
- Edwards, Tilden. *Spiritual Friend: Reclaiming the Gift of Spiritual Direction*. Mahwah, NJ: Paulist Press, 1980.
- Foster, Richard J., and Gayle D. Beebe. *Longing for God: Seven Paths of Christian Devotion*. Downers Grove, IL: IVP Books, 2009.
- Foster, Richard J., and James Bryan Smith. *Devotional Classics: Selected Readings for Individuals and Groups*. Revised ed. San Francisco: HarperSanFrancisco, 2005.
- Foster, Richard J., and Kathryn A. Helmers. *Life with God: Reading the Bible for Spiritual Transformation*. New York: HarperOne, 2008.
- Foster, Richard J. *Celebration of Discipline: The Path of Spiritual Growth*. New York, NY: HarperSanFrancisco, 1978.
- . *Freedom of Simplicity: Finding Harmony in a Complex World*. New York, NY: HarperCollins, 1981.
- . *Prayer: Finding the Hearts True Home*. London, UK: Hodder, 1992.
- . *Sanctuary of the Soul: Journey into Meditative Prayer*. Downers Grove, IL: IVP Books, 2011.
- . *Streams of Living Water: Essential Practices from the Six Great Traditions of Christian Faith*. New York, NY: HarperOne, 1998.

Fremantle, Anne, ed. *The Protestant Mystics: An Anthology of Spiritual Experience from Martin Luther to T.S. Eliot*. Boston, MA: Little, Brown and Company, 1964.

Gangel, Kenneth O. and James C. Wilhoit, eds. *The Christian Educator's Handbook on Spiritual Formation*. Grand Rapids, MI: Baker Books, 1994.

Gemignani, Michael. *Spiritual Formation for Pastors: Feeding the Fire Within*. Valley Forge, PA: Judson Press, 2002.

George, Timothy and Alister McGrath, eds. *For All the Saints: Evangelical Theology and Christian Spirituality*. Louisville, KY: Westminster John Knox Press, 2003.

Graybeal, Lynda L. and Julia L. Roller. *Connecting with God: A Spiritual Formation Guide*. A Renovaré Resource. New York, NY: HarperOne, 2006.

———. *Learning From Jesus: A Spiritual Formation Guide*. A Renovaré Resource. New York, NY: Harper One, 2006.

———. *Living the Mission: A Spiritual Formation Guide*. A Renovaré Resource. New York, NY: HarperOne, 2007.

———. *Prayer and Worship: A Spiritual Formation Guide*. A Renovaré Resource. New York, NY: HarperOne, 2007.

Greenman, Jeffrey P. and George Kalantzis, eds. *Life in the Spirit: Spiritual Formation in Theological Perspective*. Downers Grove, IL: IVP Academic, 2010.

Grenz, Stanley J. *Theology for the Community of God*. Grand Rapids, MI: William B. Eerdmans Publishing Company, 1994.

Groff, Kent Ira. *Active spirituality: A Guide for Seekers and Ministers*. Bethesda: Alban Institute, 1993.

Heuertz, Christopher. *Simple Spirituality: Learning to See God in a Broken World*. Downers Grove, IL: IVP Books, 2008.

Hollinger, Dennis. *Head, Heart, Hands: Bringing Together Christian Thought, Passion and Action*. Downers Grove, IL: IVP Books, 2005.

Holt, Bradley P. *Thirsty for God: A Brief History of Christian Spirituality*. Minneapolis, MN: Fortress Press, 2005.

Houston, James M. "Toward a Biblical Spirituality." In *The Act of Bible Reading: A Multidisciplinary Approach to Biblical Interpretation*, edited by Elmer Dyck, 148-73. Downers Grove, IL: InterVarsity Press, 1996.

Howard, Evan B. *The Brazos Introduction to Christian Spirituality*. Grand Rapids, MI: Brazos Press, 2008.

———. "Lectio Divina in the Evangelical Tradition." *Journal of Spiritual Formation and Soul Care* 5, no. 1 (Spring 2012): 56-77. Accessed January 18, 2016. ATLA Religion Database with ATLASerials [EBSCO].

Hudson, Trevor. *Discovering our Spiritual Identity: Practices for God's Beloved*. Downers Grove, IL: IVP Books, 2010.

Hunter, Todd D. *Christianity Beyond Belief: Following Jesus for the Sake of Others*. Downers Grove, IL: IVP Books, 2009.

Johnson, Luke Timothy. *Living Jesus: Learning the Heart of the Gospel*. New York: HarperOne, 1999.

———. *Religious Experience in Earliest Christianity: A Missing Dimension in New Testament Studies*. Minneapolis, MN: Fortress Press, 1998.

Kang, Joshua Choonmin. *Spirituality of Gratitude: The Unexpected Blessings of Thankfulness*. Downers Grove, IL: IVP Books, 2015.

Laird, Martin. *Into the Silent Land: A Guide to the Christian Practice of Contemplation*. New York, NY: Oxford University Press, 2006.

Laubach, Frank and Brother Lawrence. *Practicing His Presence. Library of Spiritual Classics: Volume 1*. Goleta, CA: Christian Books, 1973.

Lawrence, Brother. *The Practice of the Presence of God*. New Kensington, PA: Whitaker House, 1982.

Leech, Kenneth. *Soul Friend: Spiritual Direction in the Modern World*. Harrisburg, NY: Morehouse Publishing, 2001.

Longman, Tremper. *Reading the Bible with Heart & Mind*. Colorado Springs, CO: NavPress, 1997.

Lovelace, Richard F. *Dynamics of Spiritual Life: An Evangelical Theology of Renewal*. Downers Grove, IL: InterVarsity Press, 1979.

Maas, Robin and Gabriel O'Donnell. *Spiritual Traditions for the Contemporary Church*. Nashville, TN: Abingdon Press, 1990.

Macchia, Stephen A. *Crafting a Rule of Life*. Downers Grove, IL: IVP Books, 2012.

McClendon, Adam. "Defining the Role of the Bible in Spirituality: 'three Degrees of Spirituality' in American Culture." *Journal of Spiritual Formation and Soul Care* 5, no. 2 (Fall 2012): 207-25. Accessed January 18, 2016. ATLA Religion Database with ATLASerials [EBSCO].

McGrath, Alister E. *Christian Spirituality: An Introduction*. Malden, MA: Blackwell Publishing, 1999.

McHugh, Adam S. *The Listening Life: Embracing Attentiveness in a World of Distraction*. Downers Grove, IL: InterVarsity, 2015.

Merton, Thomas. *Dialogues with Silence: Prayers and Drawings*. Edited by Jonathan Montaldo. San Francisco, CA: HarperSanFrancisco, 2001.

- . *The Seven Storey Mountain: An Autobiography of Faith*. New York, NY: Harcourt, Inc., 1948.
- Meyer, F. B. *The Secret of Guidance*. Moody Classics Series. Chicago, IL: Moody Publishers, 2010.
- Moon, Gary W. and David G. Benner, eds. *Spiritual Direction and the Care of Souls: A Guide to Christian Approaches and Practices*. Downers Grove, IL: IVP Academic, 2004.
- Morse, MaryKate. *A Guidebook to Prayer: Twenty-four Ways to Walk with God*. Downers Grove, IL: IVP Books, 2013.
- Muggeridge, Malcolm. *A Third Testament: A modern pilgrim explores the spiritual wanderings of Augustine, Blake, Pascal, Tolstoy, Bonhoeffer, Kierkegaard, and Dostoevsky*. Maryknoll, NY: Orbis Books, 1976.
- Muto, Susan. "The Art and Discipline of Formative Reading: Revisiting Holy Scripture with Humble Receptivity." *Journal of Spiritual Formation and Soul Care* 5, no. 1 (Spring 2012): 100-16. Accessed September 12, 2016. Academic Search Premier [EBSCO].
- Nouwen, Henri J. M. *Life of the Beloved: Spiritual Living in a Secular World*. New York, NY: The Crossroad Publishing Company, 1992.
- . *Love, Henri: Letters on the Spiritual Life*. Edited by Gabrielle Earnshaw. New York, NY: Convergent, 2016.
- . *Making All Things New: An Invitation to the Spiritual Life*. New York, NY: HarperSanFrancisco, 1981.
- . *The Only Thing Necessary: Living a Prayerful Life*. New York, NY: The Crossroad Publishing Company, 1999.
- . *Reaching Out: The Three Movements of the Spiritual Life*. New York, NY: Image Books, 1975.
- . *Spiritual Direction: Wisdom for the Long Walk of Faith*. New York, NY: HarperOne, 2006.
- . *Spiritual Formation: Following the Movements of the Spirit*. New York, NY: HarperOne, 2010.
- . *The Spiritual Life: Eight Essential Titles*. New York, NY: HarperOne, 2016.
- . *With Open Hands*. Notre Dame, IN: Ave Maria Press, n/d.
- . *The Wounded Healer: Ministry in Contemporary Society*. New York, NY: Image Books, 1979.
- O'Brien, Kevin. *The Ignatian Adventure: Experiencing the Spiritual Exercises of Saint Ignatius in Daily Life*. Chicago, IN: Loyola Press, 2011.
- Oden, Thomas C., and Don S. Browning. *Care of Souls in the Classic Tradition*. Philadelphia: Fortress Press, 1984.

Ortberg, John. *The Life You've Always Wanted: Spiritual Disciplines for Ordinary People*. Grand Rapids, MI: Zondervan, 2002.

———. *Soul keeping: Caring for the most important part of you*. Grand Rapids, MI: Zondervan, 2014.

Peterson, Eugene. *Christ Plays in Ten Thousand Places: A Conversation in Spiritual Theology*. Grand Rapids, MI: William B. Eerdmans Publishing Company, 2005.

———. *Eat This Book: A Conversation in the Art of Spiritual Reading*. Grand Rapids, MI: W.B. Eerdmans Pub., 2006.

———. *Five Smooth Stones for Pastoral Work*. Grand Rapids, MI: William B. Eerdmans Publishing Company, 1980.

———. *Under the Unpredictable Plant: An Exploration in Vocational Holiness*. Grand Rapids, MI: William B. Eerdmans Publishing Company, 1992.

———. *Working the Angles: The Shape of Pastoral Integrity*. Grand Rapids, MI: William B. Eerdmans Publishing Company, 1987.

Purves, Andrew. *The Crucifixion of Ministry: Surrendering our Ambitions to the Service of Christ*. Downers Grove, IL: IVP Books, 2007.

———. *The Resurrection of Ministry: Serving in the Hope of the Risen Lord*. Downers Grove, IL: IVP Books, 2010.

———. *The Search for Compassion: Spirituality and Ministry*. Louisville, KY: Westminster/John Knox Press, 1989.

Reynolds, Alan. *Reading the Bible for the Love of God*. Grand Rapids, MI: Brazos Press, 2003.

Rolheiser, Ronald. *The Holy Longing: The Search for a Christian Spirituality*. New York, NY: Image, 2014.

———. *The Restless Heart: Finding Our Spiritual Home in Times of Loneliness*. New York, NY: Image Books, 2004.

———. *Sacred Fire: A Vision for a Deeper Human and Christian Maturity*. New York, NY: Image, 2014.

Roller, Julia L. *25 Books Every Christian Should Read: A Guide to the Essential Spiritual Classics*. New York, NY: HarperOne, 2011.

Russell, James M. *Spiritual Classics: The Thinking Persons Guide to Great Spiritual Books*. Magpie Books, London: 2009.

Scorgie, Glen G., ed. *Dictionary of Christian Spirituality*. Grand Rapids, MI: Zondervan, 2011.

———. *A Little Guide to Christian Spirituality: Three Dimensions of Life with God*. Grand Rapids, MI: Zondervan, 2007.

Shigematsu, Ken. *God in my Everything: How an Ancient Rhythm Helps Busy People Enjoy God*. Grand Rapids, MI: Zondervan, 2013.

Smith, Gordon T. *Beginning Well: Christian Conversion & Authentic Transformation*. Downers Grove, IL: IVP Books, 2001.

———. *Transforming Conversion: Rethinking the Language and Contours of Christian Initiation*. Grand Rapids, MI: Baker Academic, 2010.

Smith, James Bryan. *Embracing the Love of God: The Path and Promise of the Christian Life*. New York, NY: HarperOne, 1995.

———. *The Good and Beautiful God: Falling in Love with the God Jesus Knows*. The Apprentice Series. Downers Grove, IL: IVP Books, 2009.

———. *The Good and Beautiful Community: Following the Spirit, Extending Grace, Demonstrating Love*. The Apprentice Series. Downers Grove, IL: IVP Books, 2010.

———. *The Good and Beautiful Life: Putting on the Character of Christ*. The Apprentice Series. Downers Grove, IL: IVP Books, 2009.

Smith, Stephen W. *Soul Custody: Choosing to Care for the One and Only You*. Colorado Springs, CO: David C. Cook, 2010.

Sittser, Gerald Lawson. *Water from a Deep Well: Spirituality from Early Martyrs to Modern Missionaries*. Downers Grove, IL: IVP Books, 2007.

Thomas, Gary. *Sacred Pathways: Discover Your Soul's Path to God*. Grand Rapids, MI: Zondervan, 1996.

Tozer, A. W. *The Pursuit of God*. Harrisburg, PA: Christian Publications, Inc., n/d.

Tyson, John R., ed. *Invitation to Christian Spirituality: An Ecumenical Anthology*. New York, NY: Oxford University Press, 1999.

Webb, Chris. *The Fire of the Word: Meeting God on Holy Ground*. Downers Grove, IL: IVP Books, 2011.

———. *God Soaked Life: Discovering a Kingdom Spirituality*. Downers Grove, IL: IVP Books, 2017.

Webber, Robert E. *The Divine Embrace: Recovering the Passionate Spiritual Life*. Grand Rapids, MI: Baker Book, 2006.

Whitney, Donald S. *Spiritual Disciplines for the Christian Life*. Colorado Springs, CO: NavPress, 2014.

Wilhoit, James. *Spiritual Formation as if the Church Mattered: Growing in Christ through Community*. Grand Rapids, MI: Baker Academic, 2008.

Willard, Dallas. *The Great Omission: Reclaiming Jesus' Essential Teachings on Discipleship*. New York, NY: HarperOne, 2006.

———. *Hearing God: Developing a Conversational Relationship with God*. Downers Grove, IL: IVP Books, 1999.

———. *The Spirit of the Disciplines: Understanding How God Changes Lives*. New York, NY: HarperOne, 1998.

Wilson, Ken. *Jesus Brand Spirituality: He wants His religion back*. Nashville, TN: Thomas Nelson, 2008.

Wirzba, Norman. *Living the Sabbath: Discovering the Rhythms of Rest and Delight*. Grand Rapids, MI: Brazos Press, 2006.