

**BRIERCREST SEMINARY**

**LE849 LEADERSHIP RESILIENCE IN AN AGE OF BURNOUT & COLLAPSE  
(Leadership Specialty 2009-10)  
Course Syllabus**

Paul Magnus  
E-mail: pmagnus@briercrest.ca  
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3 Credit Hours

**COURSE DESCRIPTION:**

It appears that the stresses and pressures of leadership are escalating rapidly as evidenced by the burnout rate of leaders in numerous sectors are predicted to be in the range of 45 % at risk at this time in history. In addition to personal factors it has been estimated that 25 % of not for profit organizations, agencies and ministries will collapse within the next 5-10 years. Some authors have suggested that we begin to address these issues as one would address the disease of an insidious cancer or even as one would a pandemic. This course will seek to present understandings and strategies toward early detection, intervention and prevention of the downward spiral that appears to afflict both individuals and organizations. The course will look at the brutal facts, seek to help those who are or have been in the valley of burnout and/or collapse, and will seek to influence a future that is increasingly marked by resilience. The primary goal of the course is to address shaping a journey toward resiliency and thriving through life and to the finish, for both leaders and organizations.

**COURSE TEXTBOOKS:**

**Required Reading (All must be read from this list):**

Barton, Haley. *Strengthening the Soul of Your Leadership: Seeking God in the Crucible of Ministry*. Downers Grove: IVP, 2008. ISBN 978-0-8308-3513-3.

Buford, Bob. *Finishing Well: What People Who Really Live Do Differently*. Nashville: Integrity, 2004. ISBN 1-59145-233-3.

Collins, Jim. *How Are The Mighty Fallen: And Why Some Companies Never Give In*. New York: HarperCollins, 2009. ISBN 978-0-9773264-1-9.

Cordeiro, Wayne. *Leading on Empty: Refilling Your Tank and Renewing Your Passion*. Minneapolis: Bethany House, 2009. ISBN 978-0-7642-0646-7.

McDonald, Gordon. *A Resilient Life: You Can Move Ahead No Matter What*. Nashville: Thomas Nelson, 2004. ISBN 978-0-7852-8791-9.

**Suggested Reading (One book not previously read and must be selected approved to be read and read and reported on from this list. Please connect with the instructor at [pmagnus@briercrest.ca](mailto:pmagnus@briercrest.ca) to gain approval so that there is a wide array of readings available for the entire participant group to benefit from.):**

Adams, Marilee. *Change Your Questions Change Your Life: 7 Powerful Tools for Life and Work*. San Francisco: Barrett-Koehler, 2004. ISBN 13-978-1-57675-241-8.

Allen, David. *Getting Things Done: The Art of Stress Free Productivity*. Toronto: Penguin Books, 2001. ISBN 978-0-14-200028-1.

Anderson, Fil. *Running on Empty*. Waterbrook Press, 2004. ISBN 0-310-20930-7.

Au, Wilkie. *The Enduring Heart: Spirituality for the Long Haul*. Novolis, 2008. ISBN 13:978-080909105243,

Bradberry, Travis & Jean Greaves. *Emotional Intelligence 2.0*. San Diego: Talent Smart, 2009. ISBN 978-0-973206-2-5.

Brown, Tim & Barry Katz. *Change By Design: How Design Thinking Transforms Organizations And Inspires Innovation*. New York: Harper Business, 2009. ISBN 978-0-06-177608-4.

Burns, David. *Feeling Good: The New Mood Therapy*. Broadway, NY: New American Library, 1980. ISBN 0-451-14690-5.

Burns, David. *The feeling Good Handbook*. New York: Penguin Books, 1990. ISBN 0-452-26174-0.

Burke, Dale. *Take Back Your Life: 10 Choices to Give You More Time, More Energy, and Better Relationships*. Eugene, OR: Harvest House, 2007. ISBN 13:978-0-7369-1400-0.

Burke, Dale. *How To Lead and Still Have A Life: The 8 Principles of Less is More*. Eugene, OR: Harvest House, 2004. ISBN 13-978-0-7369-1686-8.

Butler, Gillian & Tony Hope. *Managing Your Mind: The Mental Fitness Guide*. Second Edition. New York: Oxford University Press, 2007. ISBN 978-0-19-531453-3.

Colvin, Geoff. *The Upside of Downturn: Ten Management Strategies to Prevail in the Recession & Thrive in the Aftermath*. New York: Portfolio Penguin, 2009. ISBN 978-1-59154-296-5.

- Cordeiro, Wayne. *The Divine Mentor: Growing Your Faith as You Sit at the Feet of Your Savior*. Minneapolis: Bethany House, 2007. ISBN 13:978-0-7642-0475-3.
- Covey, Stephen R. *The Seven Habits of Highly Effective People: Powerful Lessons in Personal Change*. Toronto: Simon & Schuster, 1989. ISBN 0-671-70863-5.
- Fink, David H. *Release From Nervous Tension*. New York: Simon & Schuster, 1962.
- Hamel, Gary. *Leading The Revolution: How To Thrive in Turbulent Times by Making Innovation A Way of Life*. Toronto: Penguin Books, 2002. ISBN 0-452-28324-8.
- Hughes, Richard L. & Katherine Beatty. *Becoming A Strategic Leader: Your Role In Your Organizations Enduring Success*. San Francisco: John Wiley, 2005. ISBN 0-7879-6867-6.
- Lencioni, Patrick. *The 3 Big Questions for A Frantic Family: A Leadership Fable*. San Francisco: Jossey Bass, 2008. ISBN 978-0-7879-9532-4.
- Levinson, Harry. *Psychological Man*. Cambridge: The Levinson Institute, 1976. ISBN 0-916516-02-4.
- Levinson, Harry. *The Psychology of Leadership*. Boston: Harvard Business School Press, 2006. ISBN 13: 978-1-4221-0205-3.
- Loehr, Jim & Tony Schwartz. *The Power of Full Engagement: Managing Energy, Not Time, Is The Key to High Performance and Personal Renewal*. Toronto: Free Press, 2003. ISBN 0-7432-2674-7.
- Lucado, Max. *Cure for the Common Life: Living In Your Sweet Spot*. Nashville: Thomas Nelson, 2005. ISBN 978-0-8499-9137-0.
- McKee, Annie. *Resonant Leadership: Renewing Yourself and Connecting with Others*. Boston: Harvard Business School Press, 2005. ISBN 1-59139-563-1.
- Martin, Roger. *The Opposable Mind: Winning Through Integrative Thinking*. Boston: Harvard Business Press, 2009. ISBN 978-1-3077-6.
- Maxwell, John. *How Successful People Think*. Nashville: Centre Street, 2009. ISBN 978-1-59995-168-3.
- Neck, Christopher & Charles Manz. *Mastering Self-Leadership: Empowering Yourself for Personal Excellence*. Fifth Edition. Toronto: Pearson, 2010. ISBN 10-0-13-606645-3.
- O’Neill, Mary Beth. *Executive Coaching With Backbone & Heart: A Systems Approach*. San Francisco: Jossey-Bass, 2007. ISBN 978-0-7879-8639.

Palmer, Parker. *A Hidden Wholeness: The Journey Toward an Undivided Life*. San Francisco: Jossey Bass, 2004. ISBN 978-0-4704-5376-6.

Palmer, Russell. *Ultimate Leadership: Winning Execution Strategies for Your Situation*. Toronto: Pearson, 2008. ISBN 0-13-193386-8.

Quinn, Robert. *Deep Change*. San Francisco: Jossey Bass, 1996. ISBN 0-7879-0244-6.

Scazzerio, Peter. *Emotionally Healthy Spirituality: Unleashing a Revolution in Your Life In Christ*. Nashville: Integrity, 2006. ISBN 13:9-781-59145-452-6.

Segal, Jeanne. *The Language of Emotional Intelligence: The Five Essential Tools for Building Powerful and Effective Relationships*. Toronto: McGraw Hill, 2008. ISBN 10:0-07-154455-0.

Sire, James. *Habits of the Mind: Intellectual Life as a Christian Calling*. Downers Grove: IVP, 2000. ISBN 0-8308-2273-9.

Thrall, Bill & Bruce McNicol & John Lynch. *True Faced: Trust God and Others With Who You Really Are*. Colorado Springs: Nav Press, 2004. ISBN 1-57683-693-2.

Wright, Susan & Carol MacKinnon. *Leadership Alchemy: The Magic of the Leader Coach*. Toronto: TCP Publications, 2003. ISBN 0-9733260-0-X.

### **COURSE IMPACT ON SEMINARY MISSION AND PURPOSES:**

This course is designed to help students obtain new vision, perspectives, tools, and commitments toward a life of energetic and resilient life-long personal and corporate leadership and service in ways that contribute toward helping them toward:

- Having a renewed commitment toward holistic and resilient leadership in kingdom ventures and initiatives
- Having refocused their priorities for the development of strategic steps toward increased resilience in the intimacy and integrity of their personal relationships with Christ and others so as to bring change to their values, habits, style and impacts in the future.
- Having reviewed the biblical and theological foundations for sharpened clarity and understanding around growing capacity for thoughtful approaches to increasing their leadership resilience and impact.
- Having observed, experienced, tested and applied new perspectives, processes, strategies and skills most useful in understanding, designing and influencing resilience in their own lives and in the lives of those they lead.

**OBJECTIVES:**

**A. COGNITIVE**

1. Each participant will become aware of the current conditions/reality, challenges, cases, and choices essential to grasp to influence and experience personal and organizational resilience.
2. Each participant will understand and acquire the central skills to assess, influence, lead and manage with and toward personal and organizational resilience.
3. Each participant will understand the patterns and processes that contribute to movement toward collapse and/or burnout and those that help move in the positive direction.
4. Each participant will master the strategies essential to overcoming presenting and real challenges to personal and organizational resilience.
5. Each participant will experience, understand, grasp, and process the factors most critical to navigating life “divided no more” through all stages and phases of the journey.
6. Each participant will understand the place and role of the spiritual disciplines, mental disciplines, emotional disciplines, and functional disciplines essential to a life journey of resilience in personal, domestic and corporate life and settings. .

**B. AFFECTIVE**

1. Each participant will come to appreciate the benefits and the outcomes of a resilience enriched personal and organizational life.
2. Each participant will grow in appreciation of disciplines essential to personal, domestic and corporate life management to motivate them to long for, strategize and influence toward a resilience enriched journey in personal and corporate life. .
3. Each participant will feel increased comfort in leading with strategic resilience generating and regenerating ways and processes.
4. Each participant will delight in their own personal growth in their insights, competencies and capacities in the management of their lives and disciples toward resilience and influencing others accordingly..
5. Each participant will feel increased comfort regarding modeling and impacting significantly enhanced levels of authentic wholeness and resilience.
6. Each participant will gain confidence in inculcating, coaching and influencing spiritual disciplines, mental disciplines, emotional disciplines and functional disciplines toward generating and regenerating a resilient journey in personal, domestic and corporate settings.

**C. SKILL**

1. Each participant will advance in the skills of personal and organizational resilience enhancement no matter the circumstances.
2. Each participant will advance in the skills of leading groups in a trust resilience generating and regenerating disciplines and processes.

3. Each participant will advance in the skills of influencing, designing and delivering resilience enriched relationships and organizations.
4. Each participant will gain experience in understanding, coaching, and guiding individuals and groups in exercises that promote the adoption of the disciplines essential to personal, domestic, and organizational resilience.

## COURSE OUTLINE

TIME	TOPIC OF DISCUSSION
1 day	<p>Unit I: The Journey Toward Finishing With Resilience No Matter What: Being Divided No More</p> <ul style="list-style-type: none"> <li>A. The Journey of Resilience for this course no matter what <ul style="list-style-type: none"> <li>- Syllabus Review</li> <li>- Participant Review</li> <li>- Resilience Level Review</li> </ul> </li> <li>B. The Personal Journey of Resilience to the Finish <ul style="list-style-type: none"> <li>- The Concept of Resilience No Matter What <ul style="list-style-type: none"> <li>. Your Insights</li> <li>. Literature Insights</li> <li>. Resilience in Leadership</li> <li>. Biblical Insights</li> </ul> </li> <li>- The Challenges to Resilience No Matter What <ul style="list-style-type: none"> <li>. Current Realities according to Dale Burke</li> <li>. Current Realities according to Wayne Cordeiro</li> <li>. Current Realities According to the Maranatha/Focus on the Family Studies</li> <li>. Current Realities According to Parker Palmer (audio and book)</li> <li>. Current Reality form Postmodern Ideology</li> </ul> </li> <li>- The Choices Toward Resilience No Matter What <ul style="list-style-type: none"> <li>. The Choice to Be Divided no more</li> <li>. The Choice to Live Divided no more</li> <li>. The Choice to Think Divided no More</li> <li>. The Choice to Serve Divided No More</li> <li>. The Choice to Feel Divided No More</li> </ul> </li> <li>- The Cases of resilience <ul style="list-style-type: none"> <li>. From Finishing Well</li> <li>. From Your Selected Assigned Readings</li> <li>. From Your Lives</li> <li>. Biblical Cases</li> <li>. Testimonials</li> </ul> </li> <li>- The Cultivation of Resilience (Life Disciplines) <ul style="list-style-type: none"> <li>. Your insights</li> <li>. Reading Insights</li> <li>. Biblical Insights</li> </ul> </li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>. Introductory reflections on Disciplines and Implications</li>   <li>C. The Corporate Journey of Resilience to The Finish             <ul style="list-style-type: none"> <li>- The Concept of Corporate Resilience No Matter What                 <ul style="list-style-type: none"> <li>. Your Insights</li> <li>. Literature Insights</li> <li>. Selected Assigned Readings Insights</li> </ul> </li> <li>- The Challenges to Corporate Resilience No Matter What                 <ul style="list-style-type: none"> <li>. Your Insights</li> <li>. Literature Insights</li> <li>. Jim Collins Textbook Insights</li> <li>. Selected Readings Insights</li> <li>. Biblical Insights/Cases</li> </ul> </li> <li>- The Choices Toward Corporate Resilience No matter What                 <ul style="list-style-type: none"> <li>. Your Insights</li> <li>. Jim Collins Guiding Insights</li> <li>. Selected Readings Insights</li> <li>. Biblical Insights</li> </ul> </li> <li>- The Cases of Corporate Resilience No Matter What                 <ul style="list-style-type: none"> <li>. Your insights</li> <li>. Reflections/Implications</li> <li>. Selected Readings Case Indicators</li> </ul> </li> <li>- The Cultivation of Corporate Disciplines Toward Resilience</li> </ul> </li>   <li>D. The Domestic Journey of Resilience to the Finish             <ul style="list-style-type: none"> <li>- The Concept of Domestic Resilience No Matter What</li> <li>- The Challenges to Domestic Resilience No Matter What</li> <li>- The Case of the Frantic Family</li> <li>- The Disciplines toward Domestic Resilience No Matter What</li> </ul> </li>   <li>E. The Conclusions Guiding Principles From Day One</li> </ul>
<p>1 day</p>	<p>Unit II: The Mental Disciplines of A Journey Toward resilience No Matter What: Thinking Divided No More (Integrated and Multi-Brained)</p> <ul style="list-style-type: none"> <li>A. The Concept of Mental Disciplines Toward Resilience             <ul style="list-style-type: none"> <li>- Your insights</li> <li>- Literature insights</li> <li>- Specialist Insights</li> <li>- Insights around Mental disciplines in personal, domestic and corporate settings</li> <li>- The Concept and implications of thinking “Christianly”</li> </ul> </li> </ul>

B. The Condition/Challenge of Mental Disciplines Toward Resilience

- Biblical Insights
- Theological Insights
- Experiential Insights
- 21<sup>st</sup> Century Priority on Mental Disciplines
- Relationship Between Learning and Mental Disciplines

C. The Choices Toward Mental Disciplines of Resilience

- The Choice of Clarity on life and service direction
- The Choice of concept of life as a journey to steward
- The Choice to Think and Become what we think
- The choice to Think well as a pathway to feeling well
- The choice to think with the end in mind
- The choice to think forward
- The choice to Manage Thoughts
- The choice to Think as God thinks/Jesus thinks
- The choice to think about failing forward
- The choice to think toward continuous clarity
- The choice to be a continuous learner/thinker
- The choice to influence and model thinking what is good, beautiful...in domestic and corporate setting
- The choice to continuously sharpen our life focus and direction in personal, domestic and corporate settings
- The choice toward crucial conversations toward mental disciplines
- The choice toward having a mental coach/advisor on retainer or on the life journey with you

D. The Cases/models of Mental Discipline Toward Resilience

- Biblical Cases
- Selected Reading Cases
- Parker Palmer audio
- Testimonials (live/audio)
- Experimentation
- Other

E. The Cultivation of Mental Disciplines Toward Resilience

- Guiding Principles
- Strategies
- Processes
- Exercises
- Experimentation

F. The Case for and Cultivation of Mental Disciplines in Personal, Domestic and Corporate Settings (Parker Palmer)



	<p>G. Conclusion Thus Far</p>
<p>1 day</p>	<p>Unit III: The Emotional Disciplines Of A Journey Toward Resilience No Matter What: Feeling Divided No More (Multi Dimensional Intimacy and Influence)</p> <p>A. The Concept of Emotional Intelligence/Disciplines Toward Resilience</p> <ul style="list-style-type: none"> <li>- Your Insights</li> <li>- Literature Insights</li> <li>- Daniel Goleman’s Insights</li> <li>- Selected Readings Insights</li> <li>- Biblical Insights/Examples</li> <li>- Reflections</li> </ul> <p>B. The Challenges to Emotional Disciplines Toward Resilience</p> <ul style="list-style-type: none"> <li>- Your insights</li> <li>- Literature insights</li> <li>- Biblical Insights (creation and onward)</li> <li>- Gordon McDonald Insights (Tests Men Face and Ordering our Private World)</li> <li>- Maranatha research Insights</li> <li>- Wayne Cordeiro Insights</li> <li>- Global Resiliency Network Insights</li> </ul> <p>C. The Choices Toward Emotional Disciplines Toward Resilience</p> <ul style="list-style-type: none"> <li>- The Choice to tend a path toward emotional disciplines</li> <li>- The choice to tend the path toward relational intelligence</li> <li>- The choice to tend the path to social intelligence</li> <li>- The choice to tend the path and nature of intimacy/oneness</li> <li>- The choice to tend the path toward thinking your way to feeling good</li> <li>- The choice to have an emotional coach/counselor on retainer and on the journey with you</li> <li>- The choice to run free of the burdens and weight of the past</li> <li>- The choice to tend the path toward emotionally healthy spirituality</li> <li>- The choice toward multi-dimensional respect</li> <li>- The choice to run in the circle of the few (formally and/or informally)</li> <li>- The choice to running with a resilient team</li> <li>- The choice toward personal, domestic and corporate alignment</li> </ul> <p>D. The Cases of Emotional Disciplines Toward Resilience</p>

	<ul style="list-style-type: none"> <li>- Bill Hybels</li> <li>- Finishing well Cases</li> <li>- Stories from “Emotionally Healthy Spirituality”</li> <li>- Wayne Cordeiro case/audio</li> <li>- Biblical Cases</li> <li>- Testimonials</li> <li>- other</li> </ul> <p>E. The Cultivation of Emotional Disciplines</p> <ul style="list-style-type: none"> <li>- Insights</li> <li>- Language of emotional intelligence</li> <li>- Processes/strategies of emotional intelligence</li> <li>- Case Vignette work</li> <li>- The Circle of the Few work</li> <li>- Demonstration and Experimentation</li> <li>- Practicing the Language, Principles and Processes of emotional intelligence</li> </ul> <p>F. The Case for and Cultivation of Emotional Disciplines in Personal, Domestic, and Corporate Settings</p> <p>G. Conclusions to Date</p>
<p>1 day</p>	<p>Unit IV: The Functional/Behavioral Disciplines of a Journey Toward Resilience No Matter What: Serving Divided No More (Dream &amp; Delivery)</p> <p>A. The Concept and Dimensions of Functional Intelligence/Disciplines</p> <ul style="list-style-type: none"> <li>- Your Insights</li> <li>- Literature insights</li> <li>- Specialist insights             <ul style="list-style-type: none"> <li>. David Allen</li> <li>. John Alexander</li> <li>. Ted Engstrom</li> </ul> </li> <li>- Insight around functional disciplines in personal, domestic and corporate settings</li> <li>- The concepts and implications of functioning/behaving “Christianly”</li> </ul> <p>B. The Condition/Challenges of functional Disciplines Toward Resilience</p> <ul style="list-style-type: none"> <li>- Biblical Insights</li> </ul>

- Theological Insights
- Experiential Insights
- 21<sup>st</sup> Century Priority for Functional Disciplines
- Relationship Between Dreaming and Delivering
- Relationship Between Dreaming and Delivery in Community

#### C. The Choices Toward Functional Disciplines

- The Choice To Shape and Steward Clarity of What Makes You Unique
- The Choice to Shape and Steward Clarity of What Makes Your Service Unique
- The Choice to Shape and Steward Clarity and results in your delivery
- The Choice to Shape and Steward Clarity of the Circle of the Happy Few You will Run with
- The choice to have a functional coach/council/board on retainer and/or on the journey with you
- The choice to shape and steward a functional and corporate dream team that you will run with
- The Choice to Shape and Steward Clarity of the Team you will run with
- The Choice to Shape and Steward Clarity of the Teamwork that your community will run with and in
- The Choice to Shape and Steward the Alignment/system for maximum team delivery throughout the entire context
- The Choice to Shape and Steward the empowered path of nurture, nature, delivery, outcomes with accountability
- The Choice to Bring Maximum pleasure and glory to God in answering Jesus final prayer

#### D. The Cases/models of Functional Disciplines

- Biblical Cases
- Selected Readings Cases
- David Allen audio
- Bill Hybels “Gauges” video
- Barna’s Team Challenge
- Cladis “Trinity Theology” challenge
- Other

#### E. The Cultivation of Functional Disciplines Toward Resilience

- Guiding Principles
- Strategies
- Processes
- Exercises
- Experimentation

	<p>F. The Case for and Cultivation of Functional Disciples in Personal, Domestic and Corporate Service</p> <p>G. Conclusions and Integration of Concepts/Principles</p>
1 day	<p>Unit V: The Spiritual Disciplines of a Journey Toward resilience No Matter What: Relating to God Divided No More</p> <p>A. The Concept of Spiritual Disciplines Toward Resilience</p> <ul style="list-style-type: none"> <li>- Your Insights</li> <li>- Literature Insights</li> <li>- Specialist Insights (Recommended Readings)</li> <li>- Insights about spiritual disciplines in personal, domestic, and corporate settings</li> <li>- The concept and implications of relating to God or worshipping divided no more ( True Faced)</li> <li>- The concept of “ integrated soul and role”</li> </ul> <p>B. The Condition/Challenge of Mental Disciplines Toward Resilience</p> <ul style="list-style-type: none"> <li>- Biblical Insights</li> <li>- Theological Insights</li> <li>- Experiential Insights</li> <li>- 21<sup>st</sup> Century Priority on Spiritual Disciplines ( Covey)</li> <li>- Relationship between loving, serving and worshipping our God</li> </ul> <p>C. The Choices Toward Spiritual Disciplines That Promote Resilience</p> <ul style="list-style-type: none"> <li>- The choice to gain clarity of how you best connect with and grow the connection with God</li> <li>- The choice to bask in the wonder of “son-ship” and adoption by the Father as a foundation for Life and Service</li> <li>- The choice to engage in a balanced menu of spiritual disciplines that foster continuous spiritual enrichment and vibrancy</li> <li>- The choice to search for and shape a set of empowering spiritual boundaries</li> <li>- The choice to establish scheduled personal, domestic, and corporate spiritual enrichment retreats</li> <li>- The choice to shape and steward a discernment path toward spiritually guided decision making</li> <li>- The choice to be intentional about being coached by Jesus</li> <li>- The choice to gain spiritual coaching/direction form a highly capable and trusted advisor that you open yourself to</li> <li>- The choice to keep your life open to both nurture, monitoring and</li> </ul>

	<p>accountability toward spiritual vitality and resilience</p> <p>D. The Cases/Models of Spiritual Disciplines Toward Resilience</p> <ul style="list-style-type: none"> <li>- Biblical Cases</li> <li>- Selected Readings/textbook readings</li> <li>- J. Ortberg audio</li> <li>- Testimonials (live/audio)</li> <li>- Barton or other audio/video</li> <li>- True Faced insights</li> </ul> <p>E. The Cultivation of Spiritual Disciplines</p> <ul style="list-style-type: none"> <li>- Guiding Principles</li> <li>- Strategies</li> <li>- Processes</li> <li>- Exercises</li> <li>- Experimentation</li> </ul> <p>F. The Case for the Cultivation of Spiritual Disciplines in Personal, Domestic, and Corporate Settings</p> <p>G. Concluding Integrated Principles and Guidelines</p>

## COURSE REQUIREMENTS

### Assignment Guidelines:

- All assignments should be completed according to the Briercrest Seminary format guidelines (<http://www.briercrest.ca/seminary/current/resources/formatguide/>). Part of grading will be based on format. Papers must be of the required length (no longer or shorter) using 12-point type.
- All post-course assignments must be submitted to the Academic Services office no later than August 6, 2010, 3 months after the last day of class. No extensions will be permitted.
- Paper copies must be in the Academic Services office or postmarked by the due date. Mailed assignments must be clearly identified with “Assignments Enclosed” on the envelope.
- Electronic assignment submissions will be accepted as MS Word attachments but must comply with regular Briercrest Seminary formatting requirements – please e-mail to the instructor ([pmagnus@briercrest.ca](mailto:pmagnus@briercrest.ca)) and cc them to the Academic Services office ([seminary@briercrest.ca](mailto:seminary@briercrest.ca)). Assignments must be received before midnight on the due date.
- There will be no extensions for pre-course work.
- Class will start at 9:00 a.m. on Monday morning. The professor will establish class times for the remainder of the week. Students should plan to be in class until 1:00 p.m. on Friday.

### Pre-Course

1. Read the required textbooks and one book from the recommended reading list. Write a 7-10 page report in which you present the primary purpose and content of each of the books very briefly. Compare and contrast the resources and tell how you will apply what you read. Please do an integrated reading report rather than individualized ones. It is expected that you will serve as the chief resource person in regard to the book you have chose to read from the recommended reading list and thus you should read that resource accordingly.

**DUE DATE:** First day of class (May 3, 2010)

**VALUE:** 25%

2. Each Student will be expected to do a personal case report project in which they rate themselves in terms of their current level of resiliency in general, in each dimension of their lives and then identify the implications for the immediate and for the longer term life journey they are in. It is expected that you will shape your report carefully around your level of awareness of where you are at personally or corporately (if you choose the corporate), establish a set of guiding targets to enhance the resiliency level, establish a number of strategies for movement toward the targets and then indicate how you will track and measure progress in areas you sense need the most attention. It is expected that some of the results will surface in testimonial entries and the like throughout the course contact time. Please write a report that follows the suggested outline and the project should range between 7-10 pages.

**DUE DATE:** first day of class (May 3, 2010)

**GRADE VALUE:** 25% of grade

### **During Course Assignments:**

Each student will be expected to demonstrate their reading and reflection preparation before the course by their zealous engagement during the course time we have together. In particular they will need to be active in conversations related to the readings and will serve as the expert on the selected book from the recommended readings.

**Due Date:** Throughout the week

**Grade Value:** 20 %

### **POST Course Assignment:**

Each participant shall prepare a carefully designed paper on the subject “The Journey Toward Leading, Running, and Finishing The Race with Resilience No Matter What.” It is expected that you could select a personal, domestic, or corporate journey. The project is expected to focus on the full scope of the journey and to be holistic in nature. It is also expected that it will begin with a look at your current reality and then move through to a preferred/desired reality and identify clearly what it will take to get you to that finish line. This project should be 10-15 pages in length and should demonstrate good academic process but also mental, emotional, functional,

and spiritual intelligence in its content, targets, realization procedures and accountability potential. May this project contribute to an even better future.

**Due Date:** August 6, 2010 (Please note: There will be no extensions granted for this course)

**Grade Value:** 30 %